



Event Waiver

2022 Canadian Optimist Championships

August 22 to 26, 2022

Hosted by Lunenburg Yacht Club & Chester Yacht Club

We, the undersigned, being a participant in the 2022 Canadian Optimist National Dinghy Championship (hereinafter "the Event"), and as a parent/guardian of the applicant, do hereby acknowledge that participation in the Event poses certain inherent risks which cannot be avoided and acknowledge that we are accepting those risks.

In consideration of the acceptance of applicant's application, we release and forever discharge Chester Yacht Club and Lunenburg Yacht Club, their officers, their board of directors, their Junior Sailing programs, employees and volunteers, their servants, agents, and employees, from any claim for property damage, injury or death arising out of or during the course of any participation in the Event.

We represent that we have and will maintain sufficient coverage under our homeowner's or tenant's liability insurance policy for any negligent acts of applicant in his/her pursuance of Event activities.

We further certify that, to the best of our knowledge, the applicant is in good physical condition and suffers from no physical, emotional or mental impairment, which would adversely affect his/her ability to safely participate in sailing Event activities.

I give permission to photograph my child, and the perpetual and non-exclusive right to use my child's image in communications produced by the Event, LYC and CYC and others in support of the Event. I waive any right to inspect or approve the finished communications. I understand and agree that there will be no monetary compensation for such use.

Print name (parent / guardian)

Name of participant

Signature (parent / guardian)

Date



General Rules

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- No sailors on docks or floats without supervision and a life jacket/PFD Life jackets/PFDs must be worn and secured at all times on docks, floats, boats or in the water (by sailors, instructors and coaches)
- Closed-toe footwear to be worn whenever possible
- No running
- No unsupervised swimming
- No jumping off boats (except with the permission of the instructors)
- Respect one another – no hitting, pushing, roughhousing
- Use respectful language – no swearing, foul, or rude language
- No littering on land or water
- No destruction of Club or private property
- No smoking, drugs or alcohol
- Watch fingers and feet between boats, docks and moving parts
- Sailors must make every effort to avoid collisions

This list is not exhaustive and it is the expectation that sailors will listen to directions from coaches and instructors.



Declaration of COVID Compliance, page 1/3

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Chester Yacht Club, Lunenburg Yacht Club and Sail Nova Scotia (collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent. An individual (or the individual's parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 19 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19; OR If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) If the individual is a front-line worker (such as hospital staff, long term care staff), or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.



Declaration of COVID Compliance, page 2/3

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- 4) If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.
- 5) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 6) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 7) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 8) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada, or in any province outside of Nova Scotia in the past 14 days. If the individual travels, or if anyone in the individual's household travels, outside of Nova Scotia after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return. This requirement may be waived under federal and provincial rules relating to COVID19 vaccination and entry requirements. The individual attests that they are following all rules outlined by the federal and provincial government relating to travel.



Declaration of COVID Compliance, page 3/3

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9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.

11) The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.

12) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.

13) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.